



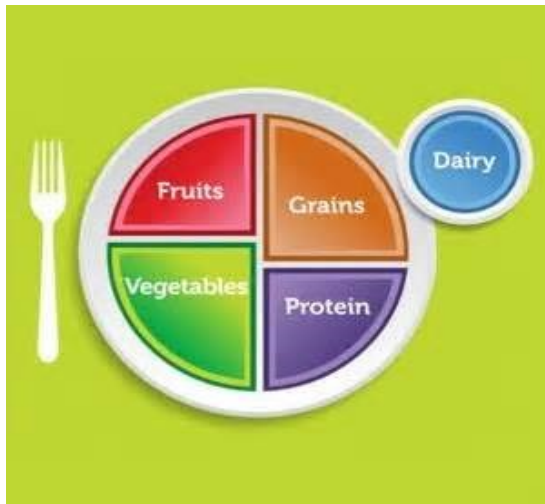
NAITC June 18, 2015

Nancy Carlson, Author

Water: Sources, Uses, Conservation

Agbooksforkids.com

**Using Nonfiction Materials to
Teach About Protein Sources**



Nancy will provide activities, and resource lists to help the classroom teacher teach students to choose healthy foods to fill the protein slot on the My Plate, USDA poster.

The presentation will include meat and nonmeat sources for protein. The materials will include nonfiction books, commodity materials that are available to teachers, and classroom activities. And information about how agriculturists grow and raise protein sources.

All foods made from meat, poultry, seafood, beans and peas, eggs, processed soy products, nuts, and seeds are considered part of the **Protein Foods Group**.